

SEPTEMBER 2017

Bennington Jr. High

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER <i>Nutritional information is available on request. Contact Annette Kay—402-238-2447. Account questions contact Jo Pruess—402-238-3044.</i></p>	<p>K-12 Breakfast--\$1.55 Adult Breakfast--\$1.90 K-5 Lunch--\$2.35 6-8 Lunch--\$2.65 9-12 Lunch--\$2.70 Adult Lunch--\$3.35</p>	<p>Choice of Chocolate Skim or White 1% MILK. Breakfast Alternate--Cereal & Toast Lunch Alternate--Salad Bar, Pizza or Sandwich Meal</p>		<p>Muffins/Cheese Stick—30/0 C. Sub Sandwich—28 C. Lettuce-Tomato-Pickle Baked Chips—18 C. Celery & Carrot Sticks—4 C. Applesauce—24 C.</p>
<p>Labor Day No School</p>	<p>Cereal/Toast—24/24 C. Hot Dog on Bun—23 C. French Fries—20 C. Baked Beans—22 C. Diced Peaches—12 C.</p>	<p>Waffles/Sausage/Syrup—33/0/55 C. Spaghetti/Meat Sauce—35 C. Peas—13 C. Diced Pears—14 C. Garlic Toast—28 C.</p>	<p>Breakfast Bagel—29 C. Hot Ham & Cheese—33 C. Mini Baked Pretzels—23 C. Corn—9 C. Fresh Watermelon—11 C.</p>	<p>Donuts—29 C. Pizza—29 C. Mixed Green Salad—4 C. Pineapple Tidbits—15 C. Cookie—19 C.</p>
<p>Apple Bosco Sticks—40 C. BBQ on Bun—24 C. French Fries—20 C. Steamed Carrots—4 C. Diced Peaches—12 C.</p>	<p>Omelets/Toast—0/14 C. Crispos//Cheese Sauce—40/9 C. Green Beans—4 C. Fresh Broccoli—4 C. Fresh Apple Slices—12 C. Butter Sandwich—14 C.</p>	<p>Ham- Egg Combo Bar/Toast—9/14 C. Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookies—19 C.</p>	<p>Breakfast Boats—25 C. Italian Dunkers—35 C. Peas—13 C. Diced Pears—14 C. (Cheesy Bread with Marinara Sauce)</p>	<p>Cinnamon Streusel Coffeecake—37 C. Super Nachos—25 C. Refried Beans—20 C. Mandarin Oranges—20 C.</p>
<p>Bagel & Cream Cheese—27/0 C. Chicken Patty on Bun—37 C. Broccoli-Raisin Salad—18 C. Green Beans—4 C. Pineapple Tidbits—15 C.</p>	<p>Cinnamon Burst Slice—30 C. French Toast/ Syrup—33/55 C. Sausage Links—0 C. Potato Cubes--20 C. Hot Apple Slices—20 C.</p>	<p>Fruitel—35 C. Pork Choppette-19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Diced Pears—14 C. Dinner Roll—30 C.</p>	<p>Breakfast Tornadoes—21 C. Mini Corn Dogs—35 C. Pasta Salad—29 C. Carrot & Celery Sticks—4 C. Diced Peaches—12 C. Butter Sandwich—14 C.</p>	<p>Sausage Gravy & Biscuits—28 C. Pizza—29 C. Mixed Green Salad—4 C. Applesauce—24 C. Cookie—19 C.</p>
<p>Cereal/Toast—24/14 C. Hamburger/Cheeseburger—33 C. French Fries—20 C. Baked Beans—22 C. Diced Pears—20 C.</p>	<p>Pancakes & Bacon/Syrup—28/0/55 C. Calzones/Dipping Sauce—35 C. Peas—13 C. Mixed Fruit—17 C.</p>	<p>Ultimate Breakfast Round—43 C. Chef's Salad—5 C. Beans-Ham-Turkey-Cheese Mandarin Oranges—20 C. Muffins—30 C.</p>	<p>Scrambled Eggs/Toast—1/14 C. Chicken Nuggets—13 C. Potato Salad—29 C. Steamed Broccoli—4 C. Applesauce—24 C.</p>	<p>Yogurt Parfaits—23 C. Sloppy Joes—36 C. Sunchips—19 C. Green Beans—4 C. Diced Peaches—12 C.</p>
<p>HOME COMING WEEK SEPTEMBER 5-9</p>				

