





# SEPTEMBER 2018

# Bennington Middle School

# Bennington High School

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Welcome to the Bennington School Lunch Page. As part of the National School Lunch Program we offer a healthy Breakfast and Lunch to all students and staff daily. Join us in the cafeteria!</i></p>	<p>Choice of Flavored Skim or White 1% Milk Breakfast Alternate—Cereal &amp; Toast Lunch Alternate Salad Bar, Pizza or Sandwich Meal</p> <p><i>The USDA is an equal opportunity Provider and Employer</i></p>	<p>K-8 Breakfast---\$1.55 9-12 Breakfast---\$1.60 Adult Breakfast---\$2.20 K-5 Lunch---\$2.40 6-8 Lunch---\$2.70 9-12 Lunch---2.75 Adult Lunch---\$3.60</p>		
<p>Labor Day No School</p> <p style="text-align: right;"><b>3</b></p>	<p>Cereal &amp; Toast—24/14 C. BBQ on Bun—24 C. French Fries—20 C. Green Beans—4 C. Dices Peaches—12 C.</p> <p style="text-align: right;"><b>4</b></p>	<p>Frudel—36 C. Spaghetti/Meat Sauce—35 C. Peas—13 C. Diced Pears—14 C. Garlic Toast—14 C.</p> <p style="text-align: right;"><b>5</b></p>	<p>Pancakes/Bacon/Syrup—28/0/55 C. Hot Ham &amp; Cheese Sandwich—33 C. Sunchips—19 C. Broccoli Florets—4 C. Fresh Fruit Mix—15 C.</p> <p style="text-align: right;"><b>6</b></p>	<p>Cinnamon Streusel Coffeecake—37 C. Walking Tacos—25 C. Refried Beans—20 C. Carrot Sticks—4 C. Mandarin Oranges—20 C.</p> <p style="text-align: right;"><b>7</b></p>
<p>Bagels &amp; Cream Cheese—27/0 C. Crispitos/Cheese Sauce—40/9 C. Green Beans—4 C. Diced Pears—14 C. Butter Sandwich—14 C.</p> <p style="text-align: right;"><b>10</b></p>	<p>Scrambled Eggs/Toast—1/14 C. Hamburger/Cheeseburgers—33 C. French Fries—20 C. Baked Beans—22 C. Applesauce—24 C.</p> <p style="text-align: right;"><b>11</b></p>	<p>Breakfast Pizza—23 C. Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Diced Peaches—12 C. Dinner Roll—30 C.</p> <p style="text-align: right;"><b>12</b></p>	<p>Ultimate Breakfast Round—43 C. Chicken Nuggets—13 C. Steamed Carrots—4 C. Fresh Grapes—27 C. Butter Sandwich—14 C.</p> <p style="text-align: right;"><b>13</b></p>	<p>Donuts—29 C. Pizza—29 C. Mixed Green Salad—4 C. Pineapple Tidbits—15 C. Cookie—19 C. HOMECOMING GAME!!</p> <p style="text-align: right;"><b>14</b></p>
<p>Yogurt &amp; Goldfish Crackers—27/14 C. Chicken Fajitas—24 C. Lettuce-Cheese-Salsa Refried Beans—20 C. Corn—9 C. Diced Pears—14 C.</p> <p style="text-align: right;"><b>17</b></p>	<p>Breakfast Tornados—21 C. French Toast/Syrup—33/55 C. Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.</p> <p style="text-align: right;"><b>18</b></p>	<p>Ham-Egg Combo Bar/Toast—9/14 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Diced Peaches—12 C. Dinner Roll—30 C.</p> <p style="text-align: right;"><b>19</b></p>	<p>Waffle/Syrup—33/55 C. Mini Corn Dogs—35 C. Pasta Salad—29 C. Carrots &amp; Celery Sticks—4 C. Pineapple Tidbits—15 C. Butter Sandwich—14 C.</p> <p style="text-align: right;"><b>20</b></p>	<p>Cinnamon Roll—29 C. Meatball Subs—28 C. Baked Chips—18 C. Green Beans—4 C. Mandarin Oranges—20 C.</p> <p style="text-align: right;"><b>21</b></p>
<p>Apple Bosco Stick—40 C. Hot Dogs—23 C. French Fries—20 C. Baked Beans—22 C. Diced Peaches—20 C.</p> <p style="text-align: right;"><b>24</b></p>	<p>Sausage Gravy &amp; Biscuits—28 C. Chicken Patty on a Bun—37 C. Potato Salad—29 C. Steamed Carrots—4 C. Pineapple Tidbits—15 C.</p> <p style="text-align: right;"><b>25</b></p>	<p>Omelet &amp; Toast—1/14 C. Italian Dunkers—35 C. (Cheesy Bread/Marina Sauce) Peas—13 C. Diced Pears—14 C.</p> <p style="text-align: right;"><b>26</b></p>	<p>French Toast/Syrup—33/55 C. Chef Salad—5 C. Ham-Turkey-Beans-Cheese Mandarin Oranges—20 C. Muffins—30 C.</p> <p style="text-align: right;"><b>27</b></p>	<p>Yogurt Parfaits—23 C. Pizza—29 C. Mixed Green Salad—4 C. Applesauce—14 C. Cookie—19 C.</p> <p style="text-align: right;"><b>28</b></p>
		<p style="text-align: center;"><i>Homecoming Week September 10-14</i></p> 