

September 2019



Bennington Elementary



Pine Creek



Heritage



Anchor Pointe

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| 2 | 3 | 4 | 5 | 6 |
| <p>Labor Day</p> <p>No School</p> | <p>Yogurt/Goldfish Crackers—27/14 C. BBQ Pork of Bun—24 C. French Fries—20 C. Green Beans—4 C. Diced Peaches—12 C.</p> | <p>Egg/Cheese on Muffin—25 C. Spaghetti/Meat Sauce—35 C. Peas—13 C. Diced Pears—14 C. Garlic Toast—14 C</p> | <p>Waffles/Syrup—33/55 C. Nebraska Red Hot Dogs—23 C. Tatar Tots—20 C. Baked Beans—20 C, Fresh Apples—12 C.</p> | <p>Cinnamon Streusel Coffeecake—37 C. Pizza—29 C. Mixed Green Salad—4 C. Pineapple Tidbits—15 C. Cookie—19 C.</p> |
| 9 | 10 | 11 | 12 | 13 |
| <p>Cereal Bar—30 C. Hot Ham & Cheese—33 C. Sunchips—19 C. Green Beans—4 C. Diced Pears—12 C.</p> | <p>Scrambled Eggs/Toast—0/14 C. French Toast/Syrup—33/55 C. Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.</p> | <p>Apple Bosco Sticks—40 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Diced Peaches—12 C. Dinner rolls—30 C.</p> | <p>Dutch Waffles—43 C. Chicken Nuggets—13 C. Pasta Salad—29 C. Celery & Carrot Sticks—4 C. Fresh Grapes—27 C. Butter Sandwich—14 C.</p> | <p>Sausage Gravy & Biscuits—28 C. Walking Tacos—25 C. Lettuce-Tomato-Salsa Refried Beans—20 C. Mandarin Oranges—20 C.</p> |
| 16 | 17 | 18 | 19 | 20 |
| <p>Bagels/Cream Cheese—27/0 C. Chicken Fajitas—24 C. Lettuce-Tomato-salsa Refried Beans—20 C. Corn—9 C. Pineapple Tidbits—15 C.</p> | <p>Cocoa Puffs Bars—40 C. Crispitos/Cheese Sauce—20/9 C. Green Beans—4 C. Applesauce—12 C. Butter Sandwich—14 C.</p> | <p>Ham-Egg Combo Bar/Toast—9/14 C. Italian Dunkers—35 C. (Cheesy Bread/Marinara Sauce) Peas—13 C. Diced Pears—14 C. Early Out Day</p> | <p>Breakfast Bread—30 C. Chef's Salad—5 C. Ham-Turkey-Beans-Cheese Diced Peaches—12 C. Muffins—30 C.</p> | <p>Cinnamon Rolls—29 C. Meatball Subs—28 C. Baked Chips—18 C. Assorted Fresh Vegetables—4 C. Mandarin Oranges—20 C.</p> |
| 23 | 24 | 25 | 26 | 27 |
| <p>Frudel—36 C. Hamburger/Cheeseburger—33 C. French Fries—20 C. Baked Beans—20 C. Diced Peaches—12 C.</p> | <p>Ultimate Breakfast Rounds—43 C. Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookies—7 C.</p> | <p>Breakfast Bagels—29 C. Pork Choppette-19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—12 C. Dinner Roll—30 C.</p> | <p>Pancakes/Bacon/Syrup—33/0/55 C. Mini Corn Dogs—35 C. Pasta Salad—29 C. Carrots/Celery Sticks—4 C. Mandarin Oranges—20 C.</p> | <p>Donuts—29 C. Pizza—29 C. Mixed Green Salad—4 C. Diced Pears—12 C. Cookie—19 C.</p> |
| 30 | 31 | | | |
| <p>Breakfast Tornadoes—21 C. Taco Swirls—35 C. Peas—13 C. Diced Pears—14 C. Butter Sandwich—14 C.</p> | <p>Omelet/Toast—0/14 C. Chicken Patty on Bun—37 C. Potato Salad—29 C. Steamed Carrots—4 C. P:ineapple Tidbits—15 C.</p> | <p>Breakfast Alternate—Cereal & Toast Lunch Alternate—Prepared Salad Box Yogurt Meal</p> <p>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.</p> | | <p>K-8 Breakfast--\$1.60 9-12 Breakfast--\$1.70 Adult Breakfast--\$2.20 K-5 Lunch--\$2.45 6-8 Lunch---\$2.75 9-12 Lunch--\$2.80 Adult Lunch--\$3.60 Milk--\$.45</p> |
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| | | | | <p>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay -402-238-2447. Account questionns, contact Jo Pruess-402-238-3044.</p> |