






OCTOBER 2018**Bennington Middle School****Bennington High School**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Breakfast Bread—30 C. Hamburger-Cheeseburger—33 C. French Fries—20 C. Green Beans—4 C. Fresh Apple Slices—12 C.	Omelets/Toast—0/14 C. Calzones/Dipping Sauce—35 C. Peas—13 C. Diced Pears—12 C.	Breakfast Bagel—29 C. Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Applesauce—16 C. Dinner Rolls—30 C.	Mini Cinnis—40 C. Chicken Tacos—14 C. Lettuce-Tomato-Salsa Refried Beans—20 C. Diced Peaches—14 C. NATIONAL TACO DAY	Muffins/Cheese Stick—30/0 C. Grilled Cheese—28 C. Smiley Fries—20 C. Carrot & Celery Sticks—4 C. Fresh Orange Smiles—20 C. Smiley Treats—NATIONAL SMILE DAY
8	9	10	11	12
Dutch Waffle—43 C. Mac & Cheese—37 C. Green Beans—4 C. Pineapple Tidbits—15 C.	Yogurt/Goldfish Crackers—27/14 C. Breakfast Sandwich—25 C. Potato Cubes—20 C. Hot Apple Slices—20 C.	Fruitel—36 C. Lasagna—33 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.	Pancake/Sausage on a Stick—22 C. Chicken Nuggets—13 C. Baked Beans—30 C. Broccoli-Raisin Salad—18 C. Mandarin Oranges—20 C. Butter Sandwich—14 C.	Iced Long Johns—44 C. Sub Sandwich—28 C. Lettuce-Tomato—Pickle Baked Chips—18 C. Celery & Carrot Sticks—4 C. Diced Peaches—12 C.
15	16	17	18	19
Omelet/Toast—0/14 C. Rib-B-Q's on Bun—24 C. Go Bid Red Onion Rings—30 C. Fresh Veggie Bar—4 C. Big Red Apples—12 C.	French Toast/Syrup—33/55 C. Orange Chicken—27 C. Yummmm! Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—7 C.	Sausage Gravy & Biscuits—28 C. Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Rice Krispie Treat Yourself to a long week-end!!	STAFF INSERVICE NO SCHOOL 	NO SCHOOL 
22	23	24	25	26
Bagels & Cream Cheese—27/0 C. Crispitos/Cheese Sauce—40/9 C. Green Beans—4 C. Diced Peaches—12 C. Butter Sandwich—14 C.	Scrambled Eggs/Toast—1/14 C. Chicken Patty on Bun—37 C. Baked Beans—20 C. California Blend Vegetables—4 C. Applesauce—16 C.	Ham-Combo Bar/Toast—9/14 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Carrots—4 c. Pineapple Tidbits—15 C. Biscuits—30 C.	Waffle/Bacon/Syrup—33/0/55 C. Mini Corn Dogs—35 C. Potato Salad—29 C. Celery & Carrot Sticks—4 C. Diced Pears—14 C. Butter Sandwich—14 C.	Yogurt Parfaits—23 C. Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C.
29	30	31		
Ultimate Breakfast Rounds—43 C. Hot Dog on Bun—23 C. French Fries—20 C. Baked Beans—22 C. Applesauce—16 C.	Apple Bosco Sticks—40 C. Meatball in Gravy—23 C. Mashed Potatoes—36 C. Green Beans—4 C. Diced Peaches—14 C. Dinner Roll—30 C.	Breakfast Tornados—21 C. PizzaWitches—36 C. SunChips—19 C. Carrot & Celery Sticks—4 C. Diced Pears—14 C. Halloween Cookies—19 C.	<i>Choice of flavored Skim or White 1% Milk Breakfast Alternate—Cereal/Toast Lunch Alternate—Salad Bar, Pizza or Sandwich Meal The USDA is an equal opportunity Provider and Employer</i>	K-8 Breakfast---\$1.55 9-12 Breakfast---\$1.60 Adult Breakfast---\$2.70 K-5 Lunch---\$2.40 6-8 Lunch---\$2.70 9-12 Lunch---\$2.75 Adult Lunch---\$3.60
<i>Lots to love in the school cafeteria!!</i> 	<i>Join us every day for a great lunch!!</i> 	NATIONAL SCHOOL LUNCH WEEK OCTOBER 15-19 2018 LOTS TO LOVE!!		HAPPY HALLOWEEN!! 