

November 2018






Bennington Elementary



Pine Creek Elementary



Heritage Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Breakfast alternate—Cereal & Toast Lunch Alternate—Prepared Salad Box Choice of Chocolate Skim or 1% White THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</i></p>	<p><i>K-8 Breakfast---\$1.55 9-12 Breakfast---\$1.60 Adult Breakfast---\$2.20 K-5 Lunch---\$2.40 6-8 Lunch---\$2.70 9-12 Lunch---\$2.75 Adult Lunch---\$3.60</i></p>	<p><i>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions, contact Jo Pruess 402-238-3044</i></p>	<p>French Toast/Syrup—33/55 C. Hot Ham & Cheese on Bun—35 C. Pasta Salad—29 C. Steamed Broccoli—4 C. Fresh Grapes—27 C.</p>	<p>Donuts—29 C. Super Nachos—25 C. Corn—9 C. Mandarin Oranges—20 C.</p>
<p>5 Breakfast Bread—30 C. BB Pork on Bun—24 C. French Fries—20 C. Baked Beans—20 C. Pineapple Tidbits—15 C.</p>	<p>6 Pancakes on a Stick—22 C. Grilled Cheese--28 C. Chicken Noodle Soup—10 C. Celery & Carrot Sticks—4 C. Peaches—12 C.</p>	<p>7 Mini Cinnis—40 C. Pork Choppettes—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—16 C. Dinner Roll—30 C.</p>	<p>8 Waffles/Syrup—33/55 C. Chicken Nuggets—13 C. Pasta Salad—29 C. California Blend Vegetables—4 C. Diced Pears—14 C. Butter Sandwich—14 C.</p>	<p>9 Cinnamon Swirl Coffeecake—37 C. Pizza—29 C. Mixed Green Salad—4 C. Diced Peaches—14 C. Cookie—19 C.</p>
<p>12 Bagels & Cream Cheese—27/0 C. Hamburger/Cheeseburger—30 C. French Fries—20 C. Green Beans—4 C. Mandarin Oranges—20 C.</p>	<p>13 Yogurt/Crackers—27/14 C. French Toast/Syrup—33/55 C. Sausage Links—0 C. Diced Potatoes—20 C. Hot Apple Slices—20 C.</p>	<p>14 Ham-Egg Combo Bar/Toast—9/13 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Pineapple Tidbits—15 C. Dinner Rolls—30 C.</p>	<p>15 Ultimate Breakfast Rounds—43 C. Chicken Patty on Bun—37 C. Potato Salad—29 C. Steamed Carrots—4 C. Diced Peaches—14 C.</p>	<p>16 Muffins & Cheese Stick—30/0 C. Beef Taco—15 C. Lettuce-Tomatoes-Salsa Refried Beans—20 C. Pears—14 C. Butter Sandwich—14 C.</p>
<p>19 Scrambled Eggs/Toast—1/14 C. Crispito/Cheese Sauce—40/9 C. Green Beans—4 C. Fresh Apple Slices—12 C. Butter Sandwich—14 C</p>	<p>20 Cinnamon Rolls—29 C. Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C.</p>	<p>21 NO SCHOOL </p>	<p>22 </p>	<p>23 NO SCHOOL </p>
<p>26 Mini Cinnis—40 C. Rib-B-Q on Bun—24 C. Tortilla Chips—20 C. Corn-Bean Salad—17 C. Applesauce—16 C.</p>	<p>27 Omelets/Toast—0/14 C. Taco Swirls—35 C. Peas—13 C. Diced Pears—12 C. Butter Sandwich—14 C.</p>	<p>28 Apple Bosco Stick—40 C. Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—76 C.</p>	<p>29 Pancakes/Bacon/Syrup—33/0/55 C. Mini Corn Dogs—35 C. Cole Slaw—5 C. Celery & Carrot Sticks—4 C. Diced Peaches—14 C.</p>	<p>30 Sausage Gravy & Biscuits—28 C. Sloppy Joes—36 C. Baked Doritos—20 C. Steamed Broccoli—4 C. Mandarin Oranges—20 C.</p>
