

November 2018






Bennington Elementary



Pine Creek Elementary



Heritage Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Breakfast alternate—Cereal &amp; Toast</i>  <i>Lunch Alternate—Prepared Salad Box</i>  <i>Choice of Chocolate Skim or 1% White</i>  <b>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b></p>	<p><i>K-8 Breakfast---\$1.55</i>  <i>9-12 Breakfast---\$1.60</i>  <i>Adult Breakfast---\$2.20</i>  <i>K-5 Lunch---\$2.40</i>  <i>6-8 Lunch---\$2.70</i>  <i>9-12 Lunch---\$2.75</i>  <i>Adult Lunch---\$3.60</i></p>	<p><i>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions, contact Jo Pruess 402-238-3044</i></p>	<p><u>French Toast/Syrup—33/55 C.</u>            Hot Ham &amp; Cheese on Bun—35 C.            Pasta Salad—29 C.            Steamed Broccoli—4 C.            Fresh Grapes—27 C.</p>	<p><u>Donuts—29 C.</u>            Super Nachos—25 C.            Corn—9 C.            Mandarin Oranges—20 C.</p>
<p><u>Breakfast Bread—30 C.</u>            BB Pork on Bun—24 C.            French Fries—20 C.            Baked Beans—20 C.            Pineapple Tidbits—15 C.</p>	<p><u>Pancakes on a Stick—22 C.</u>            Grilled Cheese—28 C.            Chicken Noodle Soup—10 C.            Celery &amp; Carrot Sticks—4 C.            Peaches—12 C.</p>	<p><u>Mini Cinnis—40 C.</u>            Pork Choppettes—19 C.            Mashed Potatoes/Gravy—36/3 C.            Corn—9 C.            Applesauce—16 C.            Dinner Roll—30 C.</p>	<p><u>Waffles/Syrup—33/55 C.</u>            Chicken Nuggets—13 C.            Pasta Salad—29 C.            California Blend Vegetables—4 C.            Diced Pears—14 C.            Butter Sandwich—14 C.</p>	<p><u>Cinnamon Swirl Coffeecake—37 C.</u>            Pizza—29 C.            Mixed Green Salad—4 C.            Diced Peaches—14 C.            Cookie—19 C.</p>
<p><u>Bagels &amp; Cream Cheese—27/0 C.</u>            Hamburger/Cheeseburger—30 C.            French Fries—20 C.            Green Beans—4 C.            Mandarin Oranges—20 C.</p>	<p><u>Yogurt/Crackers—27/14 C.</u>            French Toast/Syrup—33/55 C.            Sausage Links—0 C.            Diced Potatoes—20 C.            Hot Apple Slices—20 C.</p>	<p><u>Ham-Egg Combo Bar/Toast—9/13 C.</u>            Salisbury Steak—19 C.            Mashed Potatoes/Gravy—36/3 C.            Steamed Broccoli—4 C.            Pineapple Tidbits—15 C.            Dinner Rolls—30 C.</p>	<p><u>Ultimate Breakfast Rounds—43 C.</u>            Chicken Patty on Bun—37 C.            Potato Salad—29 C.            Steamed Carrots—4 C.            Diced Peaches—14 C.</p>	<p><u>Muffins &amp; Cheese Stick—30/0 C.</u>            Beef Taco—15 C.            Lettuce-Tomatoes-Salsa            Refried Beans—20 C.            Pears—14 C.            Butter Sandwich—14 C.</p>
<p><u>Scrambled Eggs/Toast—1/14 C.</u>            Crispito/Cheese Sauce—40/9 C.            Green Beans—4 C.            Fresh Apple Slices—12 C.            Butter Sandwich—14 C</p>	<p><u>Cinnamon Rolls—29 C.</u>            Pizza—29 C.            Mixed Green Salad—4 C.            Mandarin Oranges—20 C.            Cookie—19 C.</p>	<p><b>NO SCHOOL</b></p> 	<p><b>Happy Thanksgiving</b></p> 	<p><b>NO SCHOOL</b></p> 
<p><u>Mini Cinnis—40 C.</u>            Rib-B-Q on Bun—24 C.            Tortilla Chips—20 C.            Corn-Bean Salad—17 C.            Applesauce—16 C.</p>	<p><u>Omelets/Toast—0/14 C.</u>            Taco Swirls—35 C.            Peas—13 C.            Diced Pears—12 C.            Butter Sandwich—14 C.</p>	<p><u>Apple Bosco Stick—40 C.</u>            Orange Chicken—27 C.            Steamed Rice—28 C.            Oriental Vegetables—5 C.            Pineapple Tidbits—15 C.            Fortune Cookie—76 C.</p>	<p><u>Pancakes/Bacon/Syrup—33/0/55 C.</u>            Mini Corn Dogs—35 C.            Cole Slaw—5 C.            Celery &amp; Carrot Sticks—4 C.            Diced Peaches—14 C.</p>	<p><u>Sausage Gravy &amp; Biscuits—28 C.</u>            Sloppy Joes—36 C.            Baked Doritos—20 C.            Steamed Broccoli—4 C.            Mandarin Oranges—20 C.</p>
