






Monday	Tuesday	Wednesday	Thursday	Friday
K-12 Breakfast—\$1.55 Adult Breakfast—\$2.15 K-5 Lunch—\$2.35 6-8 Lunch—\$2.65 9-12 Lunch—\$2.70 Adult Lunch—\$3.55 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions, contact Jo Pruess 402-238-3044	Bagels & Cream Cheese—27/0 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Diced Peaches—12 C. Dinner Rolls—30 C.	Breakfast Tornado—21 C. Chicken Tetrazzini—21 C. Peas—13 C. Mandarin Oranges—12 C. Butter Sandwich—14 C.	Donuts—29 C. Calzones/Dipping Sauce—35 C. Green Beans—4 C. Pineapple Tidbits—15 C.
Cereal/Toast—24/14 C. Hamburger/Cheeseburger—33 C. Cheesy Potatoes—20 C. Steamed Carrots—4 C. Fresh Apple slices—12 C.	Omelets/Toast—0/14 C. Taco Swirls—35 C. Peas—13 C. Diced Pears—12 C. Butter Sandwich—14 C.	Muffin/Cheese Sticks—30/0 C. Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—19 C.	Pancakes/Bacon/ Syrup—28/0/55 C. Hot Dog on Bun—23 C. French Fries—20 C. Baked Beans—20 C. Strawberry Cups—38 C.	Cinnamon Swirl Coffeecake—37 C. Fiestada Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Mud Bars—14 C.
Ultimate Breakfast Round—40 C. BBQ on Bun—24 C. French Fries—20 C. Broccoli-Raisin Salad—18 C. Diced Peaches—12 C.	Apple Bosco Sticks—40 C. French Toast/Syrup—33/55 C. Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.	Ham-Egg Bar/Toast—9/14 C. Lasagna—33 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.	Waffles/Syrup—33/55 C. Beef Philly's—30 C. Sunchips—19 C. Celery & Carrot Sticks—4 C. Mixed Fruit—17 C.	Sausage Gravy & Biscuits—28 C. Chicken Soft Tacos—14 C. Refried Beans—20 C. Green Beans—4 C. Pineapple Tidbits—15 C.
Scrambled Eggs/Toast—0/14 C. Chicken Nuggets—13 C. Potato Salad—29 C. Corn—9 C. Fresh Orange Slices—20 C. Butter Sandwich—14 C.	Yogurt Parfaits—23 C. Stuffed Crust Pizza—39 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C.	THANKSGIVING BREAK NO SCHOOL 		THANKSGIVING BREAK NO SCHOOL 
French Toast/Syrup—33/55 C. Grilled Cheese—28 C. Chicken Noodle Soup—10 C. Celery & Carrot Sticks—4 C. Diced Peaches—12 C. Crackers—4 C.	Frudel—36 C. Chicken Patty on Bun—37 C. Pasta Salad—29 C. Green Beans—4 C. Pineapple Tidbits—15 C.	Cereal/Toast—24/14 C. Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—19 C. Dinner Roll—30 C.	Egg/Sausage on Muffin—25 C. Mini Corn Dogs—35 C. Steamed Broccoli—4 C. Diced Pears—11 C. Butter Sandwich—14 C.	DECEMBER 1 Cinnamon Rolls—29 C. Super Nachos—25 C. Refried Beans—20 C. Mandarin Oranges—20 C.
Breakfast alternate—Cereal & Toast Lunch alternate—Prepared Salad Box Choice of Chocolate Skim or White 1% Milk	