






Monday	Tuesday	Wednesday	Thursday	Friday
K-12 Breakfast—\$1.55 Adult Breakfast--\$2.15 K-5 Lunch--\$2.35 6_8 Lunch--\$2.65 9-12 Lunch--\$2.70 Adult Lunch--\$3.55 THE USDA IS AN EQUAL OPPURTUNITY PROVIDER AND EMPLOYER	Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions, contact Jo Pruess 402-238-3044	1 <u>Bagels & Cream Cheese—27/0 C.</u> Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Diced Peaches—12 C. Dinner Rolls—30 C.	2 <u>Breakfast Tornadoes—21 C.</u> Chicken Tetrazzini—21 C. Peas—13 C. Mandarin Oranges—12 C. Butter Sandwich—14 C.	3 <u>Donuts—29 C.</u> Calzones/Dipping Sauce—35 C. Green Beans—4 C. Pineapple Tidbits—15 C.
6 <u>Cereal/Toast—24/14 C.</u> Hamburger/Cheeseburger—33 C. Cheesy Potatoes—20 C. Steamed Carrots—4 C. Fresh Apple slices—12 C.	7 <u>Omelets/Toast—0/14 C.</u> Taco Swirls—35 C. Peas—13 C. Diced Pears—12 C. Butter Sandwich—14 C.	8 <u>Muffin/Cheese Sticks—30/0 C.</u> Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—19 C.	9 <u>Pancakes/Bacon/ Syrup—28/0/55 C.</u> Hot Dog on Bun—23 C. French Fries—20 C. Baked Beans—20 C. Strawberry Cups—38 C.	10 <u>Cinnamon Swirl Coffeecake—37 C.</u> Fiestada Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Mud Bars—14 C.
13 <u>Ultimate Breakfast Round—40 C.</u> BBQ on Bun—24 C. French Fries—20 C. Broccoli-Raisin Salad—18 C. Diced Peaches—12 C.	14 <u>Apple Bosco Sticks—40 C.</u> French Toast/Syrup—33/55 C. Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.	15 <u>Ham-Egg Bar/Toast—9/14 C.</u> Lasagna—33 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.	16 <u>Waffles/Syrup—33/55 C.</u> Beef Phillys—30 C. Sunchips—19 C. Celery & Carrot Sticks—4 C. Mixed Fruit—17 C.	17 <u>Sausage Gravy & Biscuits—28 C.</u> Chicken Soft Tacos—14 C. Refried Beans—20 C. Green Beans—4 C. Pineapple Tidbits—15 C.
20 <u>Scrambled Eggs/Toast—0/14 C.</u> Chicken Nuggets—13 C. Potato Salad—29 C. Corn—9 C. Fresh Orange Slices—20 C. Butter Sandwich—14 C.	21 <u>Yogurt Parfaits—23 C.</u> Stuffed Crust Pizza—39 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C.	22 THANKSGIVING BREAK NO SCHOOL 	23 	24 THANKSGIVING BREAK NO SCHOOL 
27 <u>French Toast/Syrup—33/55 C.</u> Grilled Cheese—28 C. Chicken Noodle Soup—10 C. Celery & Carrot Sticks—4 C. Diced Peaches—12 C. Crackers—4 C.	28 <u>Frudel—36 C.</u> Chicken Patty on Bun—37 C. Pasta Salad—29 C. Green Beans—4 C. Pineapple Tidbits—15 C.	29 <u>Cereal/Toast—24/14 C.</u> Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—19 C. Dinner Roll—30 C.	30 <u>Egg/Sausage on Muffin—25 C.</u> Mini Corn Dogs—35 C. Steamed Broccoli—4 C. Diced Pears—11 C. Butter Sandwich—14 C.	31 <u>Cinnamon Rolls—29 C.</u> Super Nachos—25 C. Refried Beans—20 C. Mandarin Oranges—20 C.
Breakfast alternate—Cereal & Toast Lunch alternate—Prepared Salad Box Choice of Chocolate Skim or White 1% Milk	