

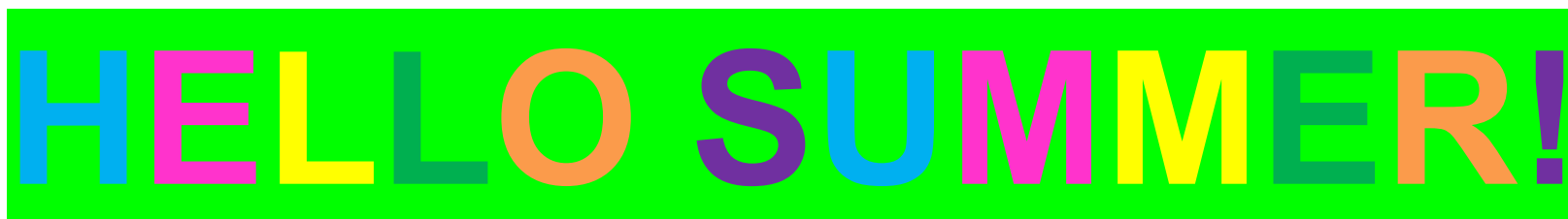


Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <b>3</b> Mini Chocolate Donuts – 41g <b>Lunch</b> Chicken Nuggets & Roll – 30g OR Turkey BLT Wrap – 68g Peas – 12g Fresh Vegetables – 5g Orange Wedges – 8g	<b>Breakfast</b> <b>4</b> Sausage, Egg & Cheese Croissant –28g <b>Lunch</b> Philly Cheese Steak – 29g OR Deli Club Hoagie – 30g Steamed Carrots – 6g Fresh Vegetables – 5g Peaches – 12g	 <b>"Cinco de Mayo"</b> <b>5</b> <b>Breakfast</b> Cereal & Gogurt – 47g <b>Lunch</b> Beef & Cheese Nachos – 33g OR Chef Salad – 56g Pintos & Cheese – 21g Fresh Vegetables – 5g Warm Glazed Apples – 17g	<b>Breakfast</b> <b>6</b> Frosted Long John Pastry – 44g <b>Lunch</b> Chicken Fried Steak & Roll – 31g OR Crispy Chicken Salad – 70g Mashed Potatoes & Gravy – 24g Fresh Vegetable – 5g Fresh Pear – 26g	<b>Breakfast</b> <b>7</b> Muffin & Hard-Boiled Egg – 33g <b>Lunch</b> Italian Dunkers & Marinara Sauce-38g OR Yogurt, Cheese Stick & Bagel – 52g Tossed Green Salad – 6g Fresh Vegetables – 5g Banana – 27g
<b>Breakfast</b> <b>10</b> Mini Powdered Sugar Donuts – 41g <b>Lunch</b> Hamburger/Cheeseburger – 28g OR Buffalo Chicken Wrap – 64g Hash Brown Rounds – 15g Fresh Vegetables – 5g Mixed Fruit – 15g	<b>Breakfast</b> <b>11</b> Bacon, Egg, Cheese English Muffin-33g <b>Lunch</b> Chicken Pasta Alfredo – 27g Garlic Bread – 14g Or Italian Hoagie – 30g Steamed Broccoli – 2g Fresh Vegetables – 5g Pears – 12g	<b>Breakfast</b> <b>12</b> Sausage & Egg Tornado – 24g <b>Sack Lunch</b> Turkey Bacon Croissant – 26g Veggie Juice – 14g Celery Sticks & Ranch Cup – 8g Frozen Fruit Cup – 18g Happy Face Cookie – 27g	<b>Breakfast</b> <b>13</b> Pop Tart & Hard-Boiled Egg – 31g <b>Lunch</b> Mini Corn Dogs – 25g OR Chef Salad – 56g Peas & Carrots – 6g Fresh Vegetables – 5g Fresh Strawberries – 6g	<b>Breakfast</b> <b>14</b> Glazed Cinnamon Roll – 50g <b>Lunch</b> Fiestada Pizza– 43g OR Yogurt, Cheese Stick & Bagel – 52g Fiesta Black Beans – 12g Fresh Vegetables – 5g Apple Wedges – 8g
<b>Breakfast</b> <b>17</b> Mini Chocolate Donuts – 41g <b>Lunch</b> Chicken & Waffles – 24g OR West Coast Veggie Wrap – 72g Green Beans – 5g Fresh Vegetables – 5g Mandarin Oranges – 17g	<b>Breakfast</b> <b>18</b> Sausage, Egg & Cheese Croissant –28g <b>Lunch</b> Crispito & Cheese Sauce – 26g OR Deli Club Hoagie Corn – 14g Fresh Vegetables – 5g Cinnamon Applesauce – 18g	<b>Breakfast</b> <b>19</b> Cereal & Breakfast Bar – 54g <b>Lunch</b> Crispy Pork Tenderloin Sandwich – 40g OR Chef Salad – 56g Baked Beans -28g Fresh Vegetables – 5g Assorted Fruit – 13g	<b>Breakfast</b> <b>20</b> Frosted Long John Pastry – 44g <b>Lunch</b> Cheese Pizza – 34g OR Crispy Chicken Salad – 70g Assorted Vegetables – 7g Fresh Vegetables – 5g Assorted Fruit – 13g Cookie – 26g	 <b>Last Day of School</b> <b>21</b> <b>Breakfast</b> Chef's Choice <i>(Students may choose from a variety of entrée options)</i>



Milk is served daily with breakfast and lunch. Students may choose milk from the following selections; skim chocolate, skim strawberry and 1% white. Fruit and juice are served daily with breakfast. Approximate grams of carbohydrates are listed for each menu item. For additional nutrition information contact Tracy Watsabaugh at 402-238-3044. MENU IS SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.