

MARCH 2018










Bennington Middle School



Bennington High School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of Chocolate or White % Milk. Breakfast Alternate—Cereal and Toast Lunch Alternate—Salad Bar, Pizza, or Sandwich Meal The USDA is an equal opportunity Provider and Employer</p>	<p>K-12 Breakfast---\$1.55 Adult Breakfast---\$2.15 K-5 Lunch-----\$2.35 6-8 Lunch---\$2.65 9-12 Lunch---\$2.70 Adult Lunch---\$3.55</p>	<p><i>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request, Contact Annette Kay 402-238-2447. Account questions contact Jo Pruess 402-238-3044</i></p>	<p>1 Breakfast Bagel—29 C. Deli Sandwich—28 C. Ham-Turkey-Cheese on Bun Tortilla Chips/Salsa—18 C. Corn & Bean Salad—20 C. Mandarin Oranges—20 C.</p>	<p>2 Cinnamon Swirl Coffeecake—27 C. Cheese Pizza—29 C. Mixed Green Salad—4 C. Diced Peaches—12 C. Cookie—19 C.</p>
<p>5 Breakfast Tornadoes—21 C. BB Q on Bun—24 C. Cheezy Potatoes—20 C. Baked Beans—20 C. Diced Pears—14 C.</p>	<p>6 Apple Bosco Stick—40 C. French Toast/Syrup—33/55 C. Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.</p>	<p>7 Ham-Egg Combo Bar—25 C. Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Pineapple Tidbits—20 C. Dinner Roll—30 C.</p>	<p>8 Donuts—29 C. Meatball Subs—28 C. Green Beans—4 C. Diced Peaches—12 C.</p>	<p>9 NO SCHOOL—INSERVICE National School Breakfast Week March 5-9 Join us in the Morning!!</p>
<p>12 Waffles/Syrup—33/55 C. Hamburger-Cheeseburger—33 C. French Fries—20 C. Baked Beans—20 C. Applesauce—19 C.</p>	<p>13 Omelets/Toast—0/14 C. Chicken Patty on Bun—37 C. Potato Salad—29 C. Steamed Carrots—4 C. Diced Peaches—12 C.</p>	<p>14 Ultimate Breakfast Rounds—43 C. Lasagna—33 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.</p>	<p>15 Breakfast Mini Loaf—40 C. Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—19 C.</p>	<p>16 Frudel—36 C. Grilled Cheese—28 C. Tomato Soup—18 C. Assorted Fresh Veggies—4 C. Diced Peaches—12 C. Crackers—4 C.</p>
<p>19 Dutch Waffle—43 C. Hot Dog on Bun—23 C. French Fries—20 C. Green Beans—4 C. Fresh Apple Slices—12 C.</p>	<p>20 Sausage Gravy & Biscuits—29 C. Taco Salad—25 C. Lettuce, Beef, Bean, Cheese, Toppings Fresh Veggies—4 C. Pineapple Tidbits—20 C.</p>	<p>21 Egg & Cheese Breakfast Toast—20 C. Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Diced Pears—14 C. Biscuits—30 C.</p>	<p>22 Pancakes/Bacon/Syrup—28/0/55 C. Chicken Nuggets—13 C. Pasta Salad—29 C. Mixed Vegetables—4 C. Diced Peaches—12 C. Butter Sandwich—14 C.</p>	<p>23 Yogurt Parfaits—23 C. Cheese Sticks/Marinara Sauce—30 C. Mixed Green Salad—4 C. Carrot & Celery Stick—4 C. Applesauce—19 C.</p>
<p>26 French Toast/Syrup—33/55 C. Crispitos/Cheese Sauce—24/9 C. Green Beans—4 C. Refried Beans—20 C. Pineapple Tidbits—20 C. Butter Sandwich—14 C.</p>	<p>27 Scrambled Eggs/Toast—0/14 C. Beef Philly Sandwich—28 C. Steamed Carrots—4 C. Applesauce—19 C. Trail Mix—20 C.</p>	<p>28 Cinnamon Rolls—29 C. Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C. Early Dismissal—1:00 pm</p>	<p>29 SPRING BREAK </p>	<p>30 SPRING BREAK </p>
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