



MARCH

Bennington High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of Chocolate or White % Milk. Breakfast Alternate— Cereal and Toast Lunch Alternate—Salad Bar, Pizza, or Sandwich Meal</p> <p>The USDA Is an equal opportunity Provider and Employer</p>	<p>K-12 Breakfast---\$1.55 Adult Breakfast---\$2.15 K-5 Lunch-----\$2.35 6-8 Lunch---\$2.65 9-12 Lunch---\$2.70 Adult Lunch---\$3.55</p>	<p><i>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request, Contact Annette Kay 402-238-2447. Account questions contact Jo Pruess 402-238-3044</i></p>	<p>1 <u>Breakfast Bagel—29 C.</u> Deli Sandwich—28 C. Ham-Turkey-Cheese on Bun Tortilla Chips/Salsa—18 C Corn & Bean Salad—20 C. Mandarin Oranges—20 C.</p>	<p>2 <u>Cinnamon Swirl Coffeecake—27 C.</u> Cheese Pizza—29 C. Mixed Green Salad—4 C. Diced Peaches—12 C. Cookie—19 C.</p>
<p>5 <u>Breakfast Tornadoes—21 C.</u> BB Q on Bun—24 C. Cheezy Potatoes—20 C Baked Beans—20 C. Diced Pears—14 C.</p>	<p>6 <u>Apple Bosco Stick—40</u> <u>French Toast/Syrup—33/55 C.</u> Sausage Links—0 C. Potato Cubes—20 C. Hot Apple Slices—20 C.</p>	<p>7 <u>Ham-Egg Combo Bar—25</u> Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Broccoli—4 C. Pineapple Tidbits—20 C. Dinner Roll—30 C.</p>	<p>8 <u>Donuts—29 C.</u> Meatball Subs—28 C. Green Beans—4 C. Diced Peaches—12 C.</p>	<p>9 NO SCHOOL—INSERVICE National School Breakfast Week March 5-9 Join us in the Morning!!</p>
<p>12 <u>Waffles/Syrup—33/55</u> Hamburger-Cheeseburger—33 C. French Fries—20 C. Baked Beans—20 C. Applesauce—19 C.</p>	<p>13 <u>Omelets/Toast—0/14</u> Chicken Patty on Bun—37 C. Potato Salad—29 C. Steamed Carrots—4 C. Diced Peaches—12 C.</p>	<p>14 <u>Ultimate Breakfast Rounds—43 C.</u> Lasagna—33 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.</p>	<p>15 <u>Breakfast Mini Loaf—40</u> Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—19 C.</p>	<p>16 <u>Frudel—36 C.</u> Grilled Cheese—28 C. Tomato Soup—18 C. Assorted Fresh Veggies—4 C Diced Peaches—12 C. Crackers—4 C.</p>
<p>19 <u>Dutch Waffle—43 C.</u> Hot Dog on Bun—23 C. French Fries—20 C. Green Beans—4 C. Fresh Apple Slices—12</p>	<p>20 <u>Sausage Gravy & Biscuits—29 C.</u> Taco Salad—25 C. Lettuce, Beef, Bean, Cheese, Toppings Fresh Veggies—4 C. Pineapple Tidbits—20 C</p>	<p>21 <u>Egg & Cheese Breakfast Toast—20 C.</u> Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Diced Pears—14 C. Biscuits—30 C.</p>	<p>22 <u>Pancakes/Bacon/Syrup—28/0/55 C.</u> Chicken Nuggets—13 C. Pasta Salad—29 C. Mixed Vegetables—4 C. Diced Peaches—12 C. Butter Sandwich—14 C.</p>	<p>23 <u>Yogurt Parfaits—23 C.</u> Cheese Sticks/Marinara Sauce—30 C. Mixed Green Salad—4 C. Carrot & Celery Stick—4 C. Applesauce—19 C.</p>
<p>26 <u>French Toast/Syrup—33/55 C.</u> Crispitos/Cheese Sauce—24/9 C. Green Beans—4 C. Refried Beans—20 C. Pineapple Tidbits—20 C Butter Sandwich—14 C.</p>	<p>27 <u>Scrambled Eggs/Toast—0/14 C.</u> Beef Philly Sandwich—28 C. Steamed Carrots—4 C. Applesauce—19 C. Trail Mix—20 C.</p>	<p>28 <u>Cinnamon Rolls—29 C.</u> Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—19 C. Early Dismissal—1:00 pm</p>	<p>29 SPRING BREAK </p>	<p>30 SPRING BREAK </p>

