

FEBRUARY 2018




Bennington Middle School



Bennington High School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of Chocolate or White 1% Milk Breakfast Alternate—Cereal and Toast Lunch Alternate-Salad Bar, Pizza, or Sandwich Meal.</p> <p>The USDA is an equal opportunity Provider and Employer</p>	<p>K-12 Breakfast---\$1.55 Adult Breakfast---\$2.15 K-5 Lunch---\$2.35 6-8 Lunch---\$2.65 9-12 Lunch---\$2.70 Adult Lunch---\$3.55</p>	<p><i>Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions contact Jo Pruess 402-238-3044</i></p>	<p>1</p> <p><u>Egg & Sausage on Muffin—25 C.</u> Hot Ham & Cheese Sandwich—33 C. Pasta Salad—29 C. Steamed Carrots—4 C Pineapple Tidbits—20 C.</p>	<p>2</p> <p><u>Donuts—29 C.</u> Pizza—29 C. Mixed Green Salad—4 C. Mandarin Oranges—20 C. Cookie—10 C.</p>
<p>5</p> <p><u>Yogurt/Goldfish Crackers—27/14 C.</u> Hot Dog on Bun—23 C. French Fries—20 C. Corn—9 C. Applesauce—19 C.</p>	<p>6</p> <p><u>Scrambled Eggs & Toast—0/14 C.</u> Chicken Tetrizzini—21 C. Peas—9 C. Dices Peaches—12 C. Butter Sandwich—14 C.</p>	<p>7</p> <p><u>Bagels & Cream Cheese—27/0 C.</u> Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Steamed Carrots—4 C. Diced Pears—14 C. Dinner Roll—30 C.</p>	<p>8</p> <p><u>Pancakes/Bacon/Syrup—28/0/55 C.</u> Chicken Patty on Bun—37 C. Baked Chips—18 C. Fresh Broccoli & Cauliflower—4 C. Mixed Fruit—17 C.</p>	<p>9</p> <p><u>Cinnamon Rolls—29 C.</u> Beef Tacos—14 C. Lettuce-Tomato-Salsa Refried Beans—20 C. Green Beans—4 C. Pineapple Tidbits—20 C. Butter Sandwich—15 C.</p>
<p>12</p> <p><u>Apple Bosco Sticks—40 C.</u> Rib-B-Q on Bun—25 C. French Fries—20 C. Baked Beans--20 C. Fresh Apple Slices—12 C.</p>	<p>13</p> <p><u>Waffles/Syrup—33/55 C.</u> Spaghetti & Meat Sauce—35 C. Peas—13 C. Diced Pears—14 C. Garlic Toast—14 C.</p>	<p>14</p> <p><u>Ham/Egg Combo Bar—25 C.</u> Cheese Pizza—29 C. Mixed Green Salad—4 C. Diced Peaches—12 C. Cookie—19 C VALENTINES DAY </p>	<p>15</p> <p>STAFF INSERVICE NO SCHOOL</p>	<p>16</p> <p>NO SCHOOL</p>
<p>19</p> <p>NO SCHOOL</p>	<p>20</p> <p><u>Frudel—36 C.</u> Crisпитos/Cheese Sauce—24/9 C. Refried Beans—20 C. Green Beans—4 C. Pineapple Tidbits—15 C. Butter Sandwich—14 C.</p>	<p>21</p> <p><u>Omelets & Toast—0/14 C.</u> Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—19 C. Dinner Roll—30 C.</p>	<p>22</p> <p><u>Sausage Gravy & Biscuits—29 C.</u> Chicken Nuggets—13 C. Potato Salad—29 C. Celery & Carrot Sticks—4 C. Diced Peaches—12 C. Butter Sandwich—14 C.</p>	<p>23</p> <p><u>Muffins/Cheese Stick—30/0 C.</u> Mac & Cheese—37 C. Steamed Broccoli—4 C. Mandarin Oranges—20 C. Mud Bar—14 C.</p>
<p>26</p> <p><u>French Toast/Syrup—33/5 C.</u> Taco Swirls—35 C. Peas—13 C. Diced Pears—12 C. Butter Sandwich—14 C.</p>	<p>27</p> <p><u>Breakfast Tornos—21 C.</u> Grilled Cheese—28 C. Chicken Noodle Soup—10 C. Celery & Carrot Sticks—4 C. Pineapple Tidbits—15 C. Crackers—4 C.</p>	<p>28</p> <p><u>Dutch Waffles—43 C.</u> Italian Dunkers—38 C. Spinach Salad—4 C. Green Beans—4 C. Applesauce—19 C.</p>	