

April 2019






Bennington Middle School



Bennington High School



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><u>Bagels/Cream Cheese—37/0 C.</u>                      BBQ on Bun—24 C.                      French Fries—20 C.                      Carrot &amp; Celery Sticks—4 C.                      Pineapple Tidbits—15 C.</p>	<p><b>2</b></p> <p><u>Cocoa Puffs Bars—40 C. *New Item</u>                      Sausage &amp; Egg English Muffin—25 C.                      Hash Browns—20 C.                      Fresh Cherry Tomatoes—0 C.                      Hot Apple Slices—20 C.</p>	<p><b>3</b></p> <p><u>Ham-Egg Combo Bar/Toast—9/14 C.</u>                      Salisbury Steak—19 C.                      Mashed Potatoes/Gravy—36/3 C.                      Corn—9 C.                      Diced Pears—12 C.                      Dinner Rolls—30 C.</p>	<p><b>4</b></p> <p><u>Waffles in a Bag—33 C.</u>                      Beef Philly's on Rotella Bun—28 C.                      Baked Beans—20 C.                      Fresh Apples—12 C.</p> <p>NEBRASKA THURSDAY <b>N</b></p>	<p><b>5</b></p> <p><u>Cinnamon Rolls—29 C.</u>                      Cheese Pizza—29 C.                      Mixed Green Salad—4 C.                      Fruit Crisp—19 C.</p>
<p><b>8</b></p> <p><u>Breakfast Bread—30 C.</u>                      Hamburger-Cheeseburger—33 C.                      Onion Rings—20 C.                      Green Beans—4 C.                      Pineapple Tidbits—15 C.</p>	<p><b>9</b></p> <p><u>Breakfast Tornadoes—21 C.</u>                      Chicken Nuggets—13 C.                      Potato Salad—29 C.                      Steamed Carrots—4 C.                      Applesauce—19 C.                      Butter Sandwich—14 C.</p>	<p><b>10</b></p> <p><u>Cereal Bars—30 C.</u>                      Spaghetti/Meat Sauce—35 C.                      Peas—13 C.                      Diced Pears—12 C.                      Garlic Toast—14 C.</p>	<p><b>11</b></p> <p><u>Frudel—26 C.</u>                      Pork Tenderloin on Bun—35 C.                      Munchie Snack Mix—17 C.                      Fresh Broccoli/Cauliflower—4 C.                      Diced Peaches—14 C.</p>	<p><b>12</b></p> <p><u>Donuts—29 C.</u>                      Chicken Fajitas—24 C.                      Lettuce-Tomato-Salsa                      Refried Beans—20 C.                      Mandarin Oranges—17 C.</p>
<p><b>15</b></p> <p><u>French Toast/Syrup—33/55 C.</u>                      Rib-B-Q's on Bun—24 C.                      French Fries—20 C.                      Broccoli-Grape Salad—7 C.                      Applesauce—19 C.</p>	<p><b>16</b></p> <p><u>Apple Bosco Stick—40 C.</u>                      Italian Dunkers—35 C.                      Peas—9 C.                      Diced Pears—12 C.</p>	<p><b>17</b></p> <p><u>Sausage Gravy and Biscuits—28 C.</u>                      Pizza—29 C.                      Mixed Green Salad—4 C.                      Pineapple Tidbits—15 C.                      Easter Cookie—19 C.</p>	<p><b>18</b></p> <p>                      SPRING                      No School</p>	<p><b>19</b></p> <p><i>Spring Break                      No School</i>  </p>
<p><b>22</b></p> <p><i>Spring Break                      No School</i>  </p>	<p><b>23</b></p> <p><u>Dutch Waffles—43 C.</u>                      Mini Corn Dogs—35 C.                      Baked Beans—20 C.                      Diced Pears—12 C.                      Butter Sandwich—14 C.</p>	<p><b>24</b></p> <p><u>Chocolate Crescents—35 C.</u>                      Pork Choppette—19 C.                      Mashed Potatoes/Gravy—36/3 C.                      Corn—9 C.                      Applesauce—29 C.                      Dinner Rolls—30 C.</p>	<p><b>25</b></p> <p><u>Scrambled Eggs/Toast—0/14 C.</u>                      Orange Chicken—27 C.                      Steamed Rice—28 C.                      Oriental Vegetables—5 C.                      Pineapple Tidbits—15 C.                      Fortune Cookie—19 C.</p>	<p><b>26</b></p> <p><u>Yogurt Parfaits—23 C.</u>                      Sub Sandwich—28 C.                      Lettuce-Tomato-Pickle                      Baked Chips—18 C.                      Carrot &amp; Celery Sticks—4 C.                      Diced Peaches—14 C.</p>
<p><b>29</b></p> <p><u>Cook's Choice Breakfast</u>                       Cook's Choice Lunch***                      Check your school newsletter to see   <i>What's For Lunch?</i></p>	<p><b>30</b></p> <p><u>Pancakes/Bacon/Syrup—33/0/55 C.</u>                      Pizzaburgers—35 C.                      Pasta Salad—29 C.                      Mixed Vegetables—8 C.                      Diced Pears—12 C.</p>	<p><b>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>                      Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions contact Jo Pruess 402-238-3044</p>	<p><b>Breakfast Alternate—Cereal &amp; Toast</b>                      Assorted Whole Grain options  <b>Lunch Alternate—Salad Bar, Pizza and Sandwich Meal</b>                       Choice of Chocolate Skim or White 1% Milk with every meal.                       Menu subject to change.</p>	<p><b>Milk---\$.45</b>                      K-8 Breakfast---\$1.55                      9-12 Breakfast ---\$1.60                      Adult Breakfast---\$2.20                      K-5 Lunch---\$2.40                      6-8 Lunch---\$2.75                      9-12 Lunch---\$2.75                      Adult Lunch---\$3.60</p>
			<p><b>NEBRASKA THURSDAY</b>                      Beef Enchiladas made by Taste Traditions in Omaha, NE                      Bread from Rotella—Omaha and Milk from Hiland Dairy!!</p>	