

April 2019





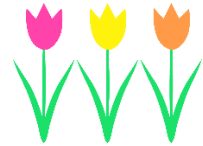



Bennington Middle School



Bennington High School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Bagels/Cream Cheese—37/0 C.</u> BBQ on Bun—24 C. French Fries—20 C. Carrot & Celery Sticks—4 C. Pineapple Tidbits—15 C.</p>	<p>2</p> <p><u>Cocoa Puffs Bars—40 C. *New Item</u> Sausage & Egg English Muffin—25 C. Hash Browns—20 C. Fresh Cherry Tomatoes—0 C. Hot Apple Slices—20 C.</p>	<p>3</p> <p><u>Ham-Egg Combo Bar/Toast—9/14 C.</u> Salisbury Steak—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Diced Pears—12 C. Dinner Rolls—30 C.</p>	<p>4</p> <p><u>Waffles in a Bag—33 C.</u> Beef Phillys on Rotella Bun—28 C. Baked Beans—20 C. Fresh Apples—12 C.</p> <p>NEBRASKA THURSDAY N</p>	<p>5</p> <p><u>Cinnamon Rolls—29 C.</u> Cheese Pizza—29 C. Mixed Green Salad—4 C. Fruit Crisp—19 C.</p>
<p>8</p> <p><u>Breakfast Bread—30 C.</u> Hamburger-Cheeseburger—33 C. Onion Rings—20 C. Green Beans—4 C. Pineapple Tidbits—15 C.</p>	<p>9</p> <p><u>Breakfast Tornadoes—21 C.</u> Chicken Nuggets—13 C. Potato Salad—29 C. Steamed Carrots—4 C. Applesauce—19 C. Butter Sandwich—14 C.</p>	<p>10</p> <p><u>Cereal Bars—30 C.</u> Spaghetti/Meat Sauce—35 C. Peas—13 C. Diced Pears—12 C. Garlic Toast—14 C.</p>	<p>11</p> <p><u>Frudel—26 C.</u> Pork Tenderloin on Bun—35 C. Munchie Snack Mix—17 C. Fresh Broccoli/Cauliflower—4 C. Diced Peaches—14 C.</p>	<p>12</p> <p><u>Donuts—29 C.</u> Chicken Fajitas—24 C. Lettuce-Tomato-Salsa Refried Beans—20 C. Mandarin Oranges—17 C.</p>
<p>15</p> <p><u>French Toast/Syrup—33/55 C.</u> Rib-B-Q's on Bun—24 C. French Fries—20 C. Broccoli-Grape Salad—7 C. Applesauce—19 C.</p>	<p>16</p> <p><u>Apple Bosco Stick—40 C.</u> Italian Dunkers—35 C. Peas—9 C. Diced Pears—12 C.</p>	<p>17</p> <p><u>Sausage Gravy and Biscuits—28 C.</u> Pizza—29 C. Mixed Green Salad—4 C. Pineapple Tidbits—15 C. Easter Cookie—19 C.</p>	<p>18</p> <p> SPRING No School</p>	<p>19</p> <p><i>Spring Break No School</i> </p>
<p>22</p> <p><i>Spring Break No School</i> </p>	<p>23</p> <p><u>Dutch Waffles—43 C.</u> Mini Corn Dogs—35 C. Baked Beans—20 C. Diced Pears—12 C. Butter Sandwich—14 C.</p>	<p>24</p> <p><u>Chocolate Crescents—35 C.</u> Pork Choppette—19 C. Mashed Potatoes/Gravy—36/3 C. Corn—9 C. Applesauce—29 C. Dinner Rolls—30 C.</p>	<p>25</p> <p><u>Scrambled Eggs/Toast—0/14 C.</u> Orange Chicken—27 C. Steamed Rice—28 C. Oriental Vegetables—5 C. Pineapple Tidbits—15 C. Fortune Cookie—19 C.</p>	<p>26</p> <p><u>Yogurt Parfaits—23 C.</u> Sub Sandwich—28 C. Lettuce-Tomato-Pickle Baked Chips—18 C. Carrot & Celery Sticks—4 C. Diced Peaches—14 C.</p>
<p>29</p> <p><u>Cook's Choice Breakfast</u> Cook's Choice Lunch*** Check your school newsletter to see</p> <p><i>What's For Lunch?</i></p>	<p>30</p> <p><u>Pancakes/Bacon/Syrup—33/0/55 C.</u> Pizzaburgers—35 C. Pasta Salad—29 C. Mixed Vegetables—8 C. Diced Pears—12 C.</p>	<p>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER Menu contains approximate carbohydrate counts. Additional nutritional information is available on request. Contact Annette Kay 402-238-2447. Account questions contact Jo Pruess 402-238-3044</p>	<p>Breakfast Alternate—Cereal & Toast Assorted Whole Grain options Lunch Alternate—Salad Bar, Pizza and Sandwich Meal</p> <p><i>Choice of Chocolate Skim or White 1% Milk with every meal.</i></p> <p>Menu subject to change.</p>	<p>Milk---\$.45 K-8 Breakfast---\$1.55 9-12 Breakfast ---\$1.60 Adult Breakfast---\$2.20 K-5 Lunch---\$2.40 6-8 Lunch---\$2.75 9-12 Lunch---\$2.75 Adult Lunch---\$3.60</p>
			<p>NEBRASKA THURSDAY Beef Enchiladas made by Taste Traditions in Omaha, NE Bread from Rotella—Omaha and Milk from Hiland Dairy!!</p>	